

## Job Description - Nutrition/Dietetics Placement

<b>Post Title:</b>	Nutrition/Dietetics Placement
<b>Responsible to:</b>	Head of Lifestyles, Food and Monitoring (HOLFM)
<b>Responsible for:</b>	Responsible for supporting HOLFM in the efficient management and delivery of the lifestyles curriculum, dietary components and monitoring collation and recording.
<b>Purpose of job:</b>	To learn about MoreLife's residential weight management programme for children and general approach to weight management, whilst supporting the delivery and efficient running of the lifestyles, food and monitoring elements of the camp programme.

### Responsibilities:

1. To support the safe and effective delivery of all lifestyle sessions during the programme.
  - Observe sessions and learn about the curriculum and MoreLife approach.
  - Prepare session resources.
  - Provide campers with positive experience of lifestyle sessions including developing positive attitudes to food and appropriate eating behaviours.
  - Set up and check the safety of equipment.
  - Support the provision of an inclusive, fun and enjoyable experience for all campers and peers.
  - Support in the delivery of physical activity sessions and social activities where necessary.
2. To support the collation and recording of monitoring data.
  - Monitor data trends and provide regular feedback to the delivery team.
  - Attend early morning sessions twice a week to support in the collation of anthropometric measurements of the campers.
  - Attend early morning sessions twice a week to support in the collation of pre and post photographs.
  - Data input of our weekly monitoring measurements onto our online system.
  - Supporting HOLFM in analysing the monitoring data and looking for any missing data/discrepancies.
  - Supporting campers when they are completing questionnaires.
  - Supporting with the collation of questionnaires at the end of sessions.
3. To support HOLFM with any dietary components to the programme.
  - Opportunity to review our diet plan and recipes.
  - Supporting the lifestyles team with the dispensation of food, with particular emphasis on monitoring portion sizes and policing camper food groups.
  - Supporting with the designation of campers to food groups in-line with their weekly monitoring data.

- Supporting HOLFM with any revisions to the diet plan.

#### 4. Ensure all campers and are appropriately cared for during their summer camp experience.

- Ensure adherence to the camp code of conduct to ensure a positive experience for all campers. Effective and appropriate management of poor behaviour in campers - with a particular focus to ensure campers and peers recognise that bullying is an unacceptable behaviour.
- Homesickness - All campers are supported to overcome an important early challenge of living away from home.
- Supporting communication with parents/guardians and general administration.

#### 3. Governance

- Ensure safe and effective practise and that all Governance Policies and Procedures are adhered to and the risk is minimised for children, staff and visitors to camp especially Information Governance, Health and Safety, Risk Assessment and Safeguarding
- Record accidents and incidents in the appropriate process.
- Adhere to the camp child protection procedures.
- Ensure campers are not left unsupervised at inappropriate times.
- Take responsibility for equipment used, maintain order in the stock room, count stock in and out during every session, report damage/breakage's/loss to the Camp Director.

There will also be the opportunity for the successful candidate to participate in other sessions of their choice and to gain experience in other areas of their choice. This will be discussed as part of the induction process.

**Health and safety:** To maintain a positive attitude to health and safety in carrying out the duties of the post with special emphasis on the environment and safety of the campers in your care.

There is a no smoking and drinking of alcohol policy in force for the duration of the camp.

**Equal Opportunities:** Post holders must at all times carry out their responsibilities with due regard to the MoreLife's equal opportunities policy.

**Nutrition and Dietetic Placement(Camp)  
Person Specification**

ATTRIBUTE	ESSENTIAL	DESIRABLE	HOW IDENTIFIED
<b>QUALIFICATIONS</b>	A relevant degree or studying towards a degree in a nutrition or dietetics field.		Application
<b>EXPERIENCE</b>		Experience working with children.  Experience in pastoral care in a residential environment.	Application/ Interview/ Assessment day
<b>SPECIAL ATTRIBUTES</b>	<p>A passion and enthusiasm for supporting individuals to achieve weight loss and a healthier lifestyle.</p> <p>Confidence in supporting engaging sessions.</p> <p>Strong interpersonal skills and the ability to build trusting relationships with the individuals.</p> <p>A caring and empathetic attitude.</p> <p>Team player.</p> <p>Motivational skills.</p> <p>Strong personal skills.</p> <p>Ability to use initiative.</p> <p>Be able to work under pressure.</p> <p>Strong organisational skills.</p> <p>Attention to detail.</p> <p>Excellent verbal and written communication skills.</p> <p>Ability to meet targets.</p> <p>Confidence in promoting positive behaviour within a classroom setting.</p>		Application/ Interview/ Assessment day