

Job Description - Lifestyle Leader (Camp)

Post Title:	Lifestyle Leader
Rate of Pay:	£350 per week +£100 for attending staff training
Responsible to:	Group Leader
Responsible for:	Responsible for the safe and effective delivery of the activity programme at all times.
Purpose of job:	To run Lifestyle sessions in line with the camp curriculum and to assist in the organisation and delivery of all activities on camp leading to the provision of a safe play and educationally stimulating environment for all campers.

Responsibilities:

1. The safe and effective delivery of all lifestyle sessions during the programme.
 - Provide campers with positive experience of lifestyle sessions including developing positive attitudes to food and appropriate eating behaviours.
 - Sessions should be planned to be effectively delivered, in a progressive manner, they should consider the needs of the campers in the group.
 - Ensure punctuality of the programme.
 - Ensure developmentally appropriate provision of activity sessions.
 - Set up and check the safety of equipment.
 - Ensure an inclusive, fun and enjoyable experience for all campers and peers.
 - Ensure a variety of experiences for the campers, utilising a range of skills, activities, and approaches to the delivery of the sessions.
 - Support in the delivery of physical activity sessions and social activities.
 - Embrace, reflect and act on feedback from your peers, Group Leaders, Head of Groups, Head of Lifestyles, Food and Monitoring and Camp Director on your planning and delivery to ensure you are undertaking your role effectively.
2. Ensure all campers and are appropriately cared for during their summer camp experience.
 - Ensure adherence to the camp code of conduct to ensure a positive experience for all campers. Effective and appropriate management of poor behaviour in campers - with a particular focus to ensure campers and peers recognise that bullying is an unacceptable behaviour.
 - Ensure all campers receive appropriate pastoral care, particularly in regards to sleeping arrangements, hygiene and illness.
 - Homesickness - All campers are supported to overcome an important early challenge of living away from home.
 - Supporting communication with parents/guardians and general administration.
 - Be constantly aware of the number of children in the group.
 - Supporting in Group Leader activities on their days off.

3. Governance

- Ensure safe and effective practise and that all Governance Policies and Procedures are adhered to and the risk is minimised for children, staff and visitors to camp especially Information Governance, Health and Safety, Risk Assessment and Safeguarding
- Record accidents and incidents in the appropriate process.
- Adhere to the safeguarding procedures.
- Ensure campers are not left unsupervised at inappropriate times.
- Take responsibility for equipment used, maintain order in the stock room, count stock in and out during every session, report damage/breakage's/loss to the Head of Groups.

Health and safety: To maintain a positive attitude to health and safety in carrying out the duties of the post with special emphasis on the environment and safety of the campers in your care.

There is a no smoking and drinking of alcohol policy in force for the duration of the camp.

Equal Opportunities: Post holders must at all times carry out their responsibilities with due regard to the MoreLife's equal opportunities policy.

**Lifestyle Leader (Camp)
Person Specification**

ATTRIBUTE	ESSENTIAL	DESIRABLE	HOW IDENTIFIED
QUALIFICATIONS	A relevant degree or studying towards a degree in any of the following: Nutrition, Dietetics, Education, Physical Education, Sport & Exercise or a related subject.		Application
EXPERIENCE	Experience working with children.	Experience delivering lifestyle sessions to children. Delivery of lifestyle sessions to children within an obesity treatment setting. Experience in pastoral care in a residential environment.	Application/ Interview/ Assessment day
SPECIAL ATTRIBUTES	A passion and enthusiasm for supporting individuals to achieve weight loss and a healthier lifestyle. Confidence in supporting engaging sessions. Strong interpersonal skills and the ability to build trusting relationships with the individuals. A caring and empathetic attitude. Team player. Motivational skills Strong personal skills. Ability to use initiative. Be able to work under pressure. Strong organisational skills. Excellent verbal and written communication skills. Ability to meet targets Confidence in promoting positive behaviour within a classroom		Application/ Interview/ Assessment day

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